



September 2019 St. James



Monday	Tuesday	Wednesday	Thursday	Friday
				August 30 French Bread Pizza Green Beans Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
September 2 No School 	3 Chicken Patty on a Whole Wheat Roll Green Beans Choice of Fruit	4 Soft Bread Sticks Meatsauce Spinach Salad Choice of Fruit	5 Popcorn Chicken Mashed Potato with Gravy Carrots Choice of Fruit	6 Pizza Round <i>Cheese or Pepperoni</i> Crispy Roasted Chickpeas Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
9 Chicken and Waffles Potato Puffs Choice of Fruit	10 Pasta & Meatballs Garden Salad Choice of Fruit	11 Chicken Nuggets Rice Broccoli and Cheese Sauce Choice of Fruit	12 Hamburger, Cheeseburger or Veggie Burger Baked Beans Choice of Fruit	13 Pizza Wedge <i>Cheese or Buffalo Chicken</i> Carrots Choice of Fruit
Daily Alternates: Ham & Cheese Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
16 French Toast Sticks Sweet Potato Puffs Sausage Links Choice of Fruit	17 Hot Dog on Roll Baked Beans Oven Fries Choice of Fruit	18 Teriyaki Chicken Rice Broccoli Choice of Fruit	19 Nacho Supreme <i>with Toppings</i> Mexican Black Beans Choice of Fruit	20 Pizza Round <i>Cheese or Pepperoni</i> Roasted Parmesan Green Beans Choice of Fruit
Daily Alternates: Turkey Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
23 Corn Dog Nuggets Oven Roasted Fries Carrots Choice of Fruit	24 Breaded Cheese Bites Marinara Sauce Pasta Broccoli Choice of Fruit	25 Soft Shell Taco <i>with Toppings</i> Refried Beans Choice of Fruit	26 1/2 Day No Lunch Served	27 French Bread Pizza Green Beans Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
30 Chicken Patty on a Whole Wheat Roll Green Beans Choice of Fruit			Fruit Choices include a variety of fresh, canned & 100% fruit juice	Milk is available with all lunches Daily Milk Choices: 1%, Skim, Flavored
Daily Alternates: Turkey Sandwich, Bagel Plate, Pretzel & Cheese Sauce				

This Institution is an equal opportunity provider.

Menu subject to change

Please log onto www.ezschoollpay.com to monitor your child's account or call 860-647-3462



Grades K-6: \$2.45 - Grades 7-8: \$2.70
 Reduced Lunch Price: \$.40
 Adult Lunch Price: \$3.75
 Milk Only: \$.40

