

November 2018 Parochial



Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Choices include a variety of fresh, canned & 100% fruit juice	Milk is available with all lunches Daily Milk Choices: 1%, Skim, Flavored		Nacho Supreme ¹ <i>with Toppings</i> Mexican Black Beans Choice of Fruit	Pizza Wedge ² <i>Cheese or Buffalo Chicken</i> Spinach Salad Choice of Fruit
Daily Alternates: Turkey Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
Chicken Patty on a Whole Wheat Roll ⁵ Green Beans Choice of Fruit	Toasted Cheese Sandwich ⁶ Tomato Soup Sweet Potato Fries Choice of Fruit	1/2 Day ⁷ No Lunch Served	1/2 Day ⁸ No Lunch Served	Pizza Round ⁹ <i>Cheese or Pepperoni</i> Crispy Roasted Chickpeas Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
No Lunch Served ¹² 	Pasta & Meatballs ¹³ Roasted Zucchini Choice of Fruit	Maple Glazed Pancakes ¹⁴ Potato Puffs Sausage Links Choice of Fruit	Hamburger, ¹⁵ Cheeseburger or Veggie Burger on a Whole Wheat Roll Corn Baked Beans Choice of Fruit	Pizza Wedge ¹⁶ <i>Cheese or Buffalo Chicken</i> Spinach Salad Choice of Fruit
Daily Alternates: Ham & Cheese Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
French Toast Sticks ¹⁹ Sweet Potato Puffs Sausage Links Choice of Fruit	Hot Dog on Roll ²⁰ Baked Beans Oven Fries Choice of Fruit	1/2 Day ²¹ No Lunch Served	²² ²³ 	
Daily Alternates: Turkey Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
Corn Dog Nuggets ²⁶ Oven Roasted Fries Baked Beans Choice of Fruit	Popcorn Chicken ²⁷ Mashed Potato with Gravy Carrots Choice of Fruit	Soft Shell Taco ²⁸ <i>with Toppings</i> Refried Beans Choice of Fruit	Soft Bread Sticks ²⁹ Meat Sauce Green Beans Choice of Fruit	French Bread Pizza ³⁰ Spinach Salad Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				

This Institution is an equal opportunity provider.

Menu subject to change

Please log onto www.ezschoollpay.com to monitor your child's account or call 860-647-3462



Grades K-6: \$2.35 - Grades 7-8: \$2.60
 Reduced Lunch Price: \$.40
 Adult Lunch Price: \$3.75
 Milk Only: \$.40

