



# October 2018 Parochial



Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Tenders Seasoned Noodles Carrots Choice of Fruit	2 Pasta & Meatballs Roasted Zucchini Choice of Fruit	3 No School	4 Hamburger, Cheeseburger or Veggie Burger on Roll Corn Baked Beans Choice of Fruit	5 Pizza Wedge <i>Cheese or Buffalo Chicken</i> Spinach Salad Choice of Fruit
Daily Alternates: Ham & Cheese Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
8 No School  Columbus Day	9 French Toast Sticks Sweet Potato Puffs Sausage Links Choice of Fruit	10 Hot Dog on a Roll Oven Roasted Fries Baked Beans Choice of Fruit	11 Nacho Supreme with toppings Mexican Beans Choice of Fruit	12 Pizza Round <i>Cheese or Pepperoni</i> Roasted Parmesan Green Beans Choice of Fruit
Daily Alternates: Turkey Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
15 Corn Dog Nuggets Oven Roasted Fries Baked Beans Choice of Fruit	16 Popcorn Chicken Mashed Potato Gravy Steamed Carrots Choice of Fruit	17 French Bread Pizza Green Beans Choice of Fruit	18 Soft Bread Sticks Meat Sauce Caesar Salad Choice of Fruit	19 Soft Shell Taco with toppings Refried Beans Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
22 Chicken Nuggets Cheesy Rice and Broccoli Steamed Carrots Choice of Fruit	23 Cheese Bites Marinara Sauce Broccoli Choice of Fruit	24 Chicken Patty Sliders Vegetable Sticks Low Fat Dip Choice of Fruit	25 Maple Glazed Pancakes Sausage Links Potato Puffs Choice of Fruit	26 1/2 Day No Lunch Served
Daily Alternates: Ham & Cheese Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
29 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	30 Pasta & Meat Sauce Yellow & Green Squash Choice of Fruit	31 Chicken Tenders Brown Rice Carrots Choice of Fruit	Fruit Choices include a variety of fresh, canned & 100% fruit juice	Milk is available with all lunches Daily Milk Choices: 1%, Skim, Fat Free Flavored
Daily Alternates: Turkey Sandwich, Bagel Plate, Pretzel & Cheese Sauce				

This Institution is an equal opportunity provider.

**Menu subject to change**

Please log onto [www.ezschoollpay.com](http://www.ezschoollpay.com) to monitor your child's account or call 860-647-3462

Grades K-6: \$2.35 - Grades 7-8: \$2.60

Reduced Lunch Price: \$.40

Adult Lunch Price: \$3.75

Milk Only: \$.40

