



September 2018 Parochial



Monday	Tuesday	Wednesday	Thursday	Friday
	Milk is available with all lunches Daily Milk Choices include 1%, Skim, Fat Free Flavored	Fruit Choices include a variety of fresh canned, and 100% fruit juice	August 30 1/2 Day No Lunch Served	Pizza Round <i>Cheese or Pepperoni</i> Spinach Salad Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
3 Labor Day No School	4 Chicken Patty on a Whole Wheat Roll Green Beans Choice of Fruit	5 Soft Bread Sticks Meatsauce Spinach Salad Choice of Fruit	6 Hot Dog on a Whole Wheat Roll Baked Beans Oven Roasted Fries Choice of Fruit	7 Pizza Round <i>Cheese or Pepperoni</i> Baby Carrots with Low Fat Dip Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
10 Chicken Nuggets Seasoned Noodles Carrots Choice of Fruit	11 Pasta & Meatballs Roasted Zucchini Choice of Fruit	12 Breaded Chicken Tenders Roasted Mini Golden Potatoes Broccoli Choice of Fruit	13 Egg & Cheese Sandwich Potato Puffs Choice of Fruit	14 Pizza Wedge <i>Cheese or Buffalo Chicken</i> Roasted Chickpeas Choice of Fruit
Daily Alternates: Ham & Cheese Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
17 French Toast Sticks Sweet Potato Puffs Sausage Links Choice of Fruit	18 Hamburger, Cheeseburger or Veggie Burger on a Whole Wheat Roll Corn Baked Beans Choice of Fruit	19 Breaded Cheese Bites Marinara Sauce Pasta Spinach Salad Choice of Fruit	20 Nacho Supreme Mexican Black Beans Choice of Fruit	21 Pizza Round <i>Cheese or Pepperoni</i> Roasted Parmesan Green Beans Choice of Fruit
Daily Alternates: Turkey Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
24 Corn Dog Nuggets Oven Roasted Fries Garden Salad Choice of Fruit	25 Popcorn Chicken Mashed Potato with Gravy Carrots Choice of Fruit	26 Maple Glazed Pancakes Hash Brown Patty Sausage Links Choice of Fruit	27 1/2 Day No Lunch Served	28 Pizza Wedge <i>Cheese or Buffalo Chicken</i> Roasted Broccoli Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				

This Institution is an equal opportunity provider.

Menu subject to change

Please log onto www.ezschoollpay.com to monitor your child's account or call 860-647-3462



Grades K-6: \$2.35 - Grades 7-8: \$2.60
 Reduced Lunch Price: \$.40
 Adult Lunch Price: \$3.75
 Milk Only: \$.40

