

January 2018 Parochial



Monday	Tuesday	Wednesday	Thursday	Friday
1 No School 	2 Soft Bread Sticks Meat Sauce Caesar Salad Choice of Fruit	3 Toasted Cheese Sandwich Tomato Soup Sweet Potato Fries Choice of Fruit	4 Popcorn Chicken Mashed Potato with Gravy Carrots Choice of Fruit	5 Pizza Round <i>Cheese or Pepperoni</i> Crispy Roasted Chickpeas Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
8 Chicken Nuggets Seasoned Noodles Carrots Choice of Fruit	9 Pasta & Meatballs Roasted Zucchini Choice of Fruit	10 Breaded Chicken Tenders Roasted Mini Golden Potatoes Broccoli Choice of Fruit	11 Beefburger, Cheeseburger or Veggie Burger on a Whole Wheat Roll Corn Baked Beans Choice of Fruit	12 Pizza Wedge <i>Cheese or Buffalo Chicken</i> Caesar Salad Choice of Fruit
Daily Alternates: Ham & Cheese Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
15 No School <i>I Have A Dream</i> 	16 Crazy Cheesy Bread Marinara Sauce Roasted Parmesan Green Beans Choice of Fruit	17 <i>Under the Sea</i> Fish Sticks Macaroni & Cheese Carrots Choice of Fruit	18 Nacho Supreme with Toppings Mexican Black Beans Choice of Fruit	19 Pizza Round <i>Cheese or Pepperoni</i> Garden Salad Choice of Fruit
Daily Alternates: Turkey Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
22 Corn Dog Nuggets Oven Roasted Fries Baked Beans Choice of Fruit	23 Popcorn Chicken Mashed Potato with Gravy Carrots Choice of Fruit	24 1/2 Day No Lunch Served	25 Chicken Nuggets Brown Rice Steamed Green Beans Choice of Fruit	26 Pizza Wedge <i>Cheese or Buffalo Chicken</i> Garden Salad Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate, Pretzel & Cheese Sauce				
29 Chicken Nuggets Cheesy Rice & Broccoli Carrots Choice of Fruit	30 Maple Glazed Pancakes Potato Puffs Sausage Links Choice of Fruit	31 Chicken Patty on a Whole Wheat Roll Green Beans Choice of Fruit	Fruit Choices Include a variety of fresh, canned & 100% fruit juice	Milk is available with all meals Daily Milk Choices 1%, Skim, & Fat Free Flavored
Daily Alternates: Ham & Cheese Sandwich, Bagel Plate, Pretzel & Cheese Sauce				

This Institution is an equal opportunity provider.

Menu subject to change

Please log onto www.ezschoollpay.com to monitor your child's account or call 860-647-3462

Grades K-5: \$2.25 - Grades 6-8: \$2.50

Reduced Lunch Price: \$.40

Adult Lunch Price: \$5.75

Milk Only: \$.40

