



October 2017 Parochial



Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Patty on a Whole Wheat Roll Green Beans Choice of Fruit	3 Soft Bread Sticks Meat Sauce Caesar Salad Choice of Fruit	4 No School	5 Popcorn Chicken Mashed Potato with Gravy Carrots Choice of Fruit	6 Pizza Round <i>Cheese or Pepperoni</i> Crispy Roasted Chickpeas Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate				
9 No School Columbus Day	10 Pasta & Meatballs Roasted Zucchini Choice of Fruit	11 Breaded Chicken Tenders Roasted Mini Golden Potatoes Broccoli Choice of Fruit	12 Beefburger, Cheeseburger or Veggie Burger on a Whole Wheat Roll Corn Baked Beans Choice of Fruit	13 Pizza Wedge <i>Cheese or Buffalo Chicken</i> Caesar Salad Choice of Fruit
Daily Alternates: Ham & Cheese Sandwich, Bagel Plate				
16 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	17 Crazy Cheesy Bread Marinara Sauce Roasted Parmesan Green Beans Choice of Fruit	18 <i>Under the Sea</i> Fish Sticks Macaroni & Cheese Carrots Choice of Fruit	19 Nacho Supreme <i>with Toppings</i> Mexican Black Beans Choice of Fruit	20 Pizza Round <i>Cheese or Pepperoni</i> Garden Salad Choice of Fruit
Daily Alternates: Turkey Sandwich, Bagel Plate				
23 Corn Dog Nuggets Oven Roasted Fries Choice of Fruit	24 Popcorn Chicken Mashed Potato with Gravy Carrots Choice of Fruit	25 Soft Shell Taco <i>with Toppings</i> Refried Beans Choice of Fruit	26 1/2 Day No Lunch Served	27 Pizza Wedge <i>Cheese or Buffalo Chicken</i> Garden Salad Choice of Fruit
Daily Alternates: Tuna Sandwich, Bagel Plate				
30 Chicken Nuggets Cheesy Rice & Broccoli Carrots Choice of Fruit	31 Maple Glazed Pancakes Potato Puffs Sausage Links Choice of Fruit		Fruit Choices Include a variety of fresh, canned & 100% fruit juice	Milk is available with all meals Daily Milk Choices 1%, Skim, & Fat Free Flavored
Daily Alternates: Ham & Cheese Sandwich, Bagel Plate				

This Institution is an equal opportunity provider.

Menu subject to change

Please log onto www.ezschooldpay.com to monitor your child's account or call 860-647-3462

Grades K-5: \$2.25 - Grades 6-8: \$2.50
 Reduced Lunch Price: \$.40
 Adult Lunch Price: \$3.75
 Milk Only: \$.40

