



September 2017 Parochial



Monday	Tuesday	Wednesday	Thursday	Friday
	Milk is available with all lunches Daily Milk Choices include 1%, Skim, Fat Free Flavored	Fruit Choices include a variety of fresh canned, and 100% fruit juice		1 Pizza Round <i>Cheese or Pepperoni</i> Caesar Salad Choice of Fruit
Daily Alternates: Ham & Cheese Sandwich, Yogurt/Bagel Plate				
4 Labor Day No School	5 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	6 Chicken Patty on a Whole Wheat Roll Green Beans Choice of Fruit	7 Beefburger Cheeseburger, or Veggie Burger on a Whole Wheat Roll Corn Choice of Fruit	8 Pizza Round <i>Cheese or Pepperoni</i> Garden Salad Choice of Fruit
Daily Alternates: Ham & Cheese Sandwich, Yogurt/Bagel Plate				
11 Corn Dog Nuggets Oven Roasted Fries Choice of Fruit	12 Popcorn Chicken Mashed Potato & Gravy Carrots Choice of Fruit	13 Soft Shell Taco <i>with Toppings</i> Refried Beans Choice of Fruit	14 Soft Bread Sticks Meat Sauce Caesar Salad Choice of Fruit	15 Pizza Wedge <i>Cheese or Buffalo Chicken</i> Roasted Green Beans Choice of Fruit
Daily Alternates: Turkey Sandwich, Yogurt/Bagel Plate				
18 Chicken Nuggets Cheesy Rice and Broccoli Carrots Choice of Fruit	19 Maple Glazed Pancakes Sausage Links Potato Puffs Choice of Fruit	20 Chicken Patty on a Whole Wheat Roll Cucumber & Celery Sticks Choice of Fruit	21 Nacho Supreme <i>with Toppings</i> Mexican Beans Choice of Fruit	22 Pizza Round <i>Cheese or Pepperoni</i> Roasted Broccoli Choice of Fruit
Daily Alternates: Tuna Sandwich, Yogurt/Bagel Plate				
25 No School	26 Pasta & Meatballs Yellow & Green Squash Choice of Fruit	27 Breaded Chicken Tenders Brown Rice Glazed Carrots Choice of Fruit	28 Low Fat Mozzarella Sticks Marinara Sauce Pasta Broccoli Choice of Fruit	29 Pizza Wedge <i>Cheese or Buffalo Chicken</i> Roasted Chickpeas Choice of Fruit
Daily Alternates: Ham & Cheese Sandwich, Yogurt/Bagel Plate				

This Institution is an equal opportunity provider.

Menu subject to change

Please log onto www.ezschoollpay.com to monitor your child's account or call 860-647-3462

Grades K-5: \$2.25 - Grades 6-8: \$2.50
 Reduced Lunch Price: \$.40
 Adult Lunch Price: \$3.75
 Milk Only: \$.40



Remember to fill out your
Free & Reduced Price Meal Application
 Apply on line @ www.ezmealapp.com
 If you need a paper copy please pick one up
 at your child's school!!