



May 2017 Parochial Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	2 Crazy Cheesy Bread Marinara Sauce Roasted Parmesan Green Beans Choice of Fruit	3 <i>Under the Sea</i> Fish Sticks Macaroni & Cheese Steamed Carrots Choice of Fruit 	4 Nacho Supreme Baked Tortilla Chips Taco Meat, Mexican Black Beans Lettuce, Tomato, Salsa & Sour Cream, Cheese Sauce Choice of Fruit	5 French Bread Pizza Garden Salad Choice of Fruit
Alternates: Turkey Sandwich, Yogurt/Bagel Plate, Hummus Plate				
8 Corn Dog Nuggets Baked Vegetarian Beans Oven Roasted Fries Choice of Fruit	9 Popcorn Chicken Mashed Potato with Gravy Steamed Carrots Choice of Fruit	10 Soft Bread Sticks Meat Sauce Spinach Salad Choice of Fruit	11 Soft Shell Taco Lettuce & Tomato Salsa & Sour Cream Shredded Cheese Refried Beans Choice of Fruit	12 Chicken Nuggets Brown Rice Steamed Green Beans Choice of Fruit
Alternates: Tuna Sandwich, Yogurt/Bagel Plate, Hummus Plate				
15 Maple Glazed Pancakes Sausage Links Potato Puffs Choice of Fruit	16 Chicken Patty on a Whole Wheat Roll Lettuce & Tomato Green Beans Choice of Fruit	17 Pasta & Meatballs Spinach Salad Choice of Fruit	18 Chicken Nuggets Cheesy Rice & Broccoli Steamed Carrots Choice of Fruit	19 Nacho Supreme Baked Tortilla Chips Taco Meat, Mexican Black Beans Lettuce, Tomato, Salsa & Sour Cream, Cheese Sauce Choice of Fruit
Alternates: Ham & Cheese Sandwich, Yogurt/Bagel Plate, Hummus Plate				
22 French Toast Sticks Potato Puffs Sausage Links Choice of Fruit	23 Cheese Quesadilla Salsa & Sour Cream Steamed Green Beans Choice of Fruit	24 Low Fat Mozzarella Sticks Marinara Sauce Whole Wheat Pasta Steamed Broccoli Choice of Fruit	25 Chicken Tenders Brown Rice Steamed Carrots Choice of Fruit	26 Pizza Wedge Cheese, Veggie, or Chicken Bacon Ranch Crispy Roasted Chickpeas Choice of Fruit
Alternates: Turkey Sandwich, Yogurt/Bagel Plate, Hummus Plate				
29 No School  <i>Memorial Day</i>	30 Chicken Patty on Whole Wheat Roll Lettuce & Tomato Steamed Green Beans Choice of Fruit	31 Soft Shell Taco Lettuce & Tomato Salsa & Sour Cream Shredded Cheese Refried Beans Choice of Fruit		
Alternates: Tuna Sandwich, Yogurt/Bagel Plate, Hummus Plate				

Menu subject to change

Please log onto www.ezschoollpay.com to monitor your child's account or call 860-647-3462

Grades K-5: Lunch Price: \$2.15 – Grades 6-8: \$2.40

Reduced Lunch Price: \$.40

Adult Lunch Price: \$3.50

Milk Only: \$.40

Milk is available with all lunches

Daily Milk Choices include: 1%, Skim, & Fat Free flavored

Fruit choices include a variety of fresh, canned, and 100% fruit juice.

This Institution is an equal opportunity provider.

Manchester's Message
for a healthier you.

